

GUILTY PLEA
FORMER ST. F.X.
BASKETBALL STAR IN
FLASHING CASE {page 5}



HATS ON THE SUPREME SUMMER ACCESSORY METRO STYLE {page 18}



HALIFAX

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Thursday, July 29, 2010
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Discoveries of the deep blue

► Crew of scientists returns to Bedford Institute of Oceanography ► Carnivorous glass sponge one of the potential new species ► Underwater robot collected samples



► Kevin MacIsaac, a taxonomist with the Department of Fisheries and Oceans, holds a glass sponge in front of the Canadian Coast Guard ship Hudson yesterday. More coverage on Page 4.

They ventured into undiscovered depths and came back with new species of ocean life.

An international crew of 27 scientists on board the Canadian Coast Guard ship Hudson returned to the Bedford Institute of Oceanography yesterday.

They spent the last three weeks taking samples and photographing in waters off of Newfoundland.

Several of these areas have never been

"We had graveyards of corals. We're interested in this because they're a very good geological archive to record oceanic circulation changes."

ANDRE POIRIER, GEOLOGIST

seen by human eyes before.

"I've been doing this for over 20 years and this is the first time I've noticed that

many new species," said Kevin MacIsaac, a taxonomist (someone who names things).

"It is very unusual."

While scientists collected new species of coral and sponges, the geologists on board made some discoveries of their own.

These changes show how climate change is affecting the ocean and its creatures.

● JENNIFER TAPLIN

Local

Layoffs looming at CTV?

► Internal department merger at CTV Halifax may put jobs at risk

► Union, management working to avoid deep cuts {page 3}

More than 150 dead in plane crash

Passenger jet goes down in hills outside Pakistani capital {page 7}

Smashing Pumpkins forever

Billy Corgan promises not to disband on-again, off-again group {page 11}



Seafood extravaganza

Where to feed your craving on the Lunch Rush {page 22}

That's what friends are for

Pascal Leclaire to get some help from an old coach {page 25}

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HillcrestVW.com

Baltzer jailed after getting bail

A Nova Scotia man charged with threatening the lives of police officers in Newfoundland was arrested less than four hours after he was granted bail.

Mark Baltzer of Kings County appeared Tuesday in Stephenville provincial court, charged with uttering threats, failing to comply with court orders and

weapons-related offences stemming from an investigation that began last month.

Baltzer was released from custody at about 7 p.m. with numerous conditions, but just before 11 p.m., the RCMP say they saw him enter a bar, a violation of one of his conditions.

Police say Baltzer had also been consuming alcohol, another violation of his conditions.

He is now charged with six counts of failing to comply with court orders.

Baltzer appeared in court yesterday for a bail hearing but NTV reported the matter was set aside until today.

THE CANADIAN PRESS



► Mark Baltzer is led into Stephenville court last month.

Layoffs possible after CTV merger

► Studio seeks increased efficiency



ALEX BOUTILIER
@METRONEWS.CA

Employees at CTV Halifax may be facing a round of layoffs when management merges the station's traffic and master control departments.

The number of layoffs — if any — will not be known until Sept. 1. There are 26 employees in the two departments, though CTV vice-president Michael Elgie said that doesn't mean 26 layoffs.

Elgie said Halifax is the only CTV studio in Canada yet to merge the two departments.

"It's easier for technical upgrades ... to have a centralized master control system," he said, adding it's more efficient from a staffing point of view as well.

Elgie said there will be no effect on CTV's editorial department.

Andre Benoit, president of the IBEW Local 1318, which represents 11 employees at the studio,

"There will not be 26 layoffs ... There will be significantly less than that. We're trying to make it zero."

MICHAEL ELGIE, VICE-PRESIDENT,
CTV HALIFAX

said some employees may opt for voluntary severance packages or early retirement.

"Hopefully there will be no layoffs, but we don't know that yet," said Benoit, who works at the station. "We're going to work with the company to make sure nobody gets laid off."

"If they have to use their bumping rights, then they'll do so," he added.

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► Pedestrians walk past the CTV building on Robie Street yesterday.

Clarke expected to run for seat

Cape Breton North Tory MLA Cecil Clarke is expected to announce today he will make a bid to be the new MP for the riding of Sydney-Victoria.

Clarke will reveal his plans on the Sydney waterfront when he hosts a barbecue from noon to 1 p.m.

"All I can say is that the announcement will be about my political future," said Clarke, declining further comment.

Re-elections

► First elected in a March 2001 provincial byelection, Cecil Clarke was re-elected as a MLA in the 2003, 2006 and 2009 general elections.

Liberal Mark Eyking, who is also expected to run when the next election is called, currently holds the federal riding.

CAPE BRETON POST



► Cecil Clarke

News in brief

Police seize gun, drugs

CRIME. Two men in their 20s are facing charges after police were called to a report of suspicious activity yesterday morning in Dartmouth. Police apprehended the men, and allege they found a loaded handgun, ecstasy pills and cocaine. ● METRO HALIFAX

New blood clinic opening

DONATE. The Canadian Blood Services is introducing a new weekend blood-donation clinic in Halifax. The clinic will be open every Saturday from 10 a.m. to 1 p.m. and will be located at 1940 Gottingen St. Free pancakes will be offered to all those who donate. ● METRO HALIFAX



News on the move

- 1 Download the free ScanLife application with your smartphone at 2dscan.com
- 2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
- 3 The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca



Backyard hen farmers make the case for legalized urban chicken coops. Video at metronews.ca/canada

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Will the WikiLeaks case usher in a return to wider government secrecy? Scan code for local news

Sea finds offer clues to climate change

► Team of Canadian and Spanish scientists travelled 2,000 nautical miles ► They explored protected and undiscovered ocean areas off N.L.



JENNIFER
TAPLIN
@METRONEWS.CA

Many of the new species discovered by scientists recently in the North Atlantic were found by accident.

When samples were dragged up from the ocean to the deck of the Canadian Coast Guard ship Hudson in the past month, scientists found more than they bargained for.

Kevin MacIsaac, a Dartmouth-based scientist, said some undiscovered sea creatures tagged along for the ride.

They found 10 possibly brand new species of coral and sponges, as well as others that are new to this area.

Some of the samples will give scientists a better understanding of the effects of climate change on our oceans.

"If these animals lived in a past environment that is different from our current environment, it would be reflected in the composition of the skeleton you pick up on the bottom," he said.

Geologists, including Andre Poirier with Université du Québec, were handed a big surprise dur-



"Over the trip there were eight possibly new species of coral found, two new coral records for the North Atlantic, two new species of sponge and many species yet to be identified."

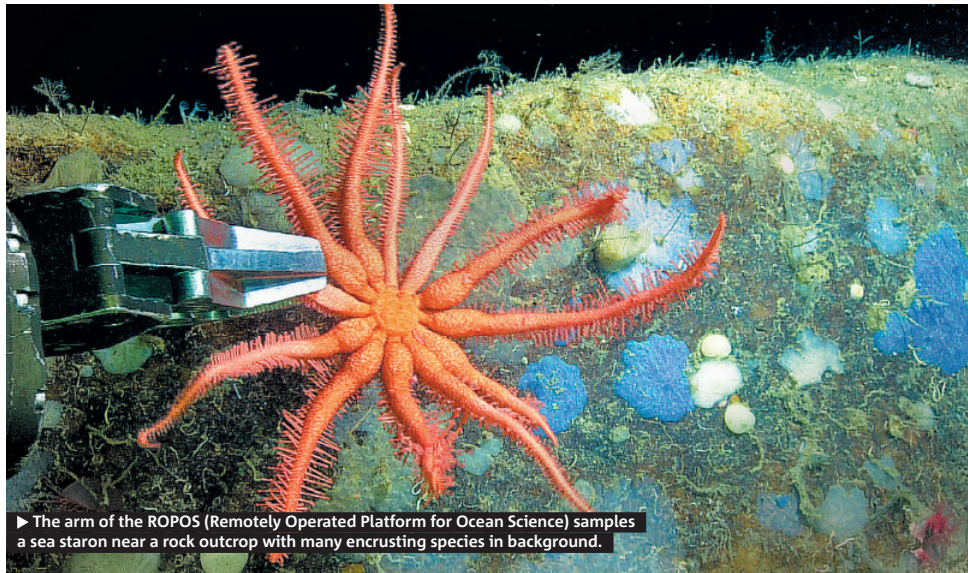
ANDREW COGSWELL,
DARTMOUTH-BASED SCIENTIST

ing this expedition. They found manganese nodules, which are rocks that "grow" incredibly slowly on the ocean floor.

These rocks record a "chemical history" of the ocean for millions of years, he said, which will help scientists track climate change.

Dalhousie student Lindsay Beazley was on board to collect a specific type of coral for a reproduction study.

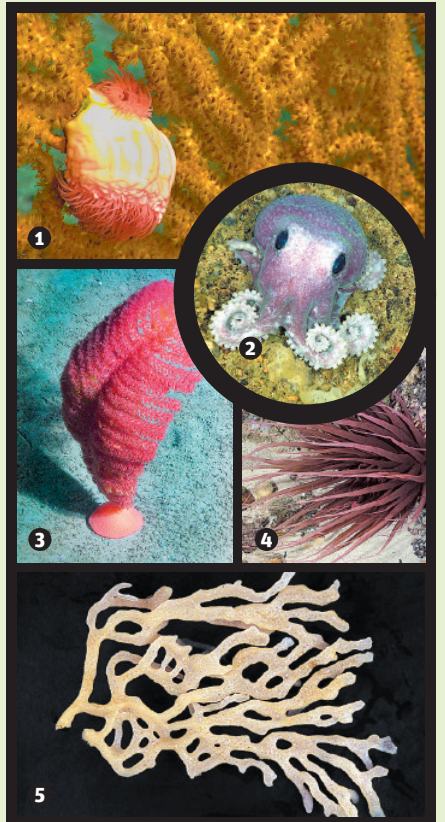
"It was really exciting," she said. "This was special because we had geologists on board and we were going to an area that has never been surveyed."



► The arm of the ROPOS (Remotely Operated Platform for Ocean Science) samples a sea star near a rock outcrop with many encrusting species in background.

News in pictures

PHOTOS
1. CONTRIBUTED
2. CONTRIBUTED
3. CONTRIBUTED
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- 1** Pink sea star (Pterasteridae Family) on rock outcrop.
- 2** Unidentified octopus.
- 3** A sea pen.
- 4** An unidentified branching sponge.
- 5** Close-up of coral polyps with attached anemone.

Church begins assets sale to meet claims

The Roman Catholic Church has begun identifying Nova Scotia properties it's ready to sell to pay for the settlement of a lawsuit in claims of sexual abuse.

Rev. Paul Abbass, a spokesman for the diocese of Antigonish, says an initial announcement of the properties in six parishes is just the beginning of what could be hundreds of property sales in northeastern Nova Scotia.

He says the hope is to gain the maximum price for the unoccupied proper-

ties before the 90 parishes have to start selling church halls they may need for fundraising and social events.

"I think what people have an interest in is the parish hall, but we haven't put the parish halls up in the first round," he said.

"We're trying to think our way through that. We've decided to put that to the back of the line so that we can examine how our parishes can deal with the issue."

THE CANADIAN PRESS

Stanley Cup set for trip to Antigonish

The details have been finalized for the Stanley Cup's trip to Nova Scotia Aug. 31. The trophy is travelling to Antigonish, the hometown of Al MacIsaac, a senior official with the NHL's cup-winning Chicago Blackhawks.

MacIsaac says the most exciting thing about winning the cup is having a chance to share it with your hometown.

The cup will be at the Keating Centre Aug. 31 between 1 and 5 p.m., and at Piper's Pub from 8 to



"The real excitement and the real responsibility that goes along with winning, this is what you want to share with those kids in minor hockey, in your hometown."

AL MACISAAC,
BLACKHAWKS OFFICIAL

11 p.m.

Chicago won the NHL title by beating Philadelphia. THE CANADIAN PRESS

News in brief

Youth faces several charges

ARREST. A 19-year-old Dartmouth teen is facing several charges after police say the vehicle he was driving crashed while trying to avoid a police checkpoint early yesterday.

The incident happened on Highway 107 around 12:50 a.m. Police say the man approached the checkpoint then turned up a road at a high rate of speed before crashing into a ditch. ● METRO HALIFAX

Bank employee sentenced

COURT. A former Royal Bank employee in Nova Scotia who pleaded guilty to making false documents has been handed a conditional sentence of two years less a day.

Sharon Louise Tonet, 45, was sentenced yesterday in Antigonish to 18 months of house arrest, to be followed by six months of curfew and 24 months of probation. Tonet was also issued an order to repay the Antigonish branch of the Royal Bank \$517,000. THE CANADIAN PRESS

UNIACKE SQUARE

Police look for two men in assault of boy, 17

Halifax Regional Police are looking for two males who they say assaulted a 17-year-old youth who was walking Tuesday night in Uniacke Square.

The victim was on Heron Walk just after 7 p.m. when police say he was approached by the males, grabbed and had his pockets searched.

Cash and the victim's iPod were stolen, with the two suspects fleeing the area, according to police.

The youth wasn't injured.

Police describe the suspects as black men their early 20s, around five feet nine inches with chinstrap facial hair.

● METRO HALIFAX

Overcrowding at blood clinic

People will be turned away from the blood collection clinic at the Victoria General site starting next Tuesday.

Those getting blood tests will be sent to the Halifax Infirmary or the clinic at the Bayers Road Centre.

The clinic at the VG is becoming overcrowded. It was designed to serve 70 people a day who need their blood tests done the same day because of a hospital appointment.

"It's a step we've had to take for health and safety reasons," said Fran O'Brien, the administrative director of Laboratory Services, in a statement

70 The Victoria General blood collection clinic was designed to serve 70 people a day, but is now overwhelmed.

yesterday.

"Unfortunately, the number of others dropping in from the local community has gradually grown to the point where wait times are longer and there is over-crowding in the clinic waiting area."

She added there are fire-safety issues and they need to get back to focusing on the people the clinic was designed for.

● JENNIFER TAPLIN

Going from one court to another

HALIFAX DAILY NEWS FILE PHOTO



► Neil James Wayne MacDonald pictured playing for the St. Francis Xavier X-Men.

► Former basketball star pleads guilty to flashing ► Incidents took place in March near Dal campus
► Case moved to Sydney from Halifax



PHILIP CROUCHER
@METRONEWS.CA

A former university basketball star has pleaded guilty to flashing people earlier this year in Halifax.

Neil James Wayne MacDonald, 25, appeared in Sydney provincial court yesterday and pleaded guilty to seven charges of an indecent act in connection with seven incidents, which took place mostly in south-end Halifax around Dalhousie University from March 21 to 26.

MacDonald will be sentenced on Dec. 8 and has been ordered to undergo a sex-offender assessment before that date.

A pre-sentence report will also be presented to the court.

MacDonald is a Sydney Mines native who now calls Halifax home.

MacDonald's lawyer

Former life

► Neil James Wayne MacDonald is a former basketball player with the St. Francis Xavier X-Men.
► The six-foot-11 centre has also played professionally in Europe.

was granted the right to have the case moved from Halifax to Sydney where the guilty plea was entered.

MacDonald was arrested in late March after another incident of a man exposing himself to a woman took place on March 26.

Police say the victim complained a man exposed his genitals and committed an indecent act on Friday evening as she was walking on Pepperell and Preston streets near Quinpool Road.

Bridge closure for Natal Day

The MacDonald Bridge will be closed to vehicle traffic part of this weekend because of Natal Day events.

The closure is Sunday from 8:30 a.m. to noon and Monday from 7 a.m. to 5 p.m. ● METRO HALIFAX

Meet your farmer — online

The Nova Scotia Federation of Agriculture has launched a new website. MeetYourFarmer.ca's launch comes a day after a report said local farmers only get 13 cents of every grocery dollar spent in the province. THE CANADIAN PRESS

No knife, just going for a dip

Reports of a stabbing in Chocolate Lake turned out to be just a couple of guys looking for a morning swim.

Halifax Regional Police were called to the Best Western Hotel around 11 a.m. yesterday after receiving

reports of an intoxicated man with a knife.

Two men entered the hotel to try to sneak in a swim. One man was sopping up blood from a cut on his hand with his shirt.

When police arrived, the men fled. They were later found by police, and explained their situation. Police spokesman Const. Brian Palmeter said there was no knife involved, and he doesn't believe charges will be laid. ● ALEX BOUTILIER

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Forget the Gulf, new oil disaster hits Michigan

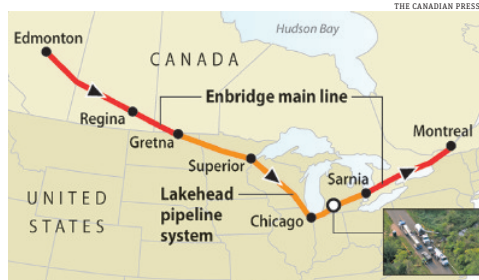
► Birds and fish bear the brunt after pipeline leaks

Southern Michigan residents are learning that devastating oil spills aren't limited to the U.S. Gulf Coast.

Crews were working yesterday to contain and clean up an estimated 3,319,708 litres of oil that coated birds and fish as it flowed into the Kalamazoo River, one of the state's major waterways.

The leak in the pipeline, which was built in 1969 and carries about 30 million litres of oil daily from Griffith, Ind., to Sarnia, Ont., was detected early Monday.

Officials don't believe oil will spread past a dam upstream of Kalamazoo.



The cause of the spill is under investigation.

Calgary-based Enbridge Inc.'s affiliate Enbridge Energy Partners LP of Houston initially estimated about 3,100,161 litres of oil was spilled before the company finally stopped

the flow

"This is our responsibility," said Enbridge president and chief executive Patrick Daniel.

"This is our mess. We're going to clean it up."

THE ASSOCIATED PRESS

France. Making waves



► Stephane Rousson, front, on his pedal-powered submarine yesterday near Nice, France.

LIONEL CIRONEAU/THE ASSOCIATED PRESS

Diving to new heights?

A pedal-powered submarine will take part in the International Submarine Race in Bethesda, Md., next June and July. The carbon-fibre craft can travel up to 10 km/h and dive to a depth of five metres.

Shipwreck ends saga of Northwest Passage

Arctic archeologists have found the ship that forged the final link in the Northwest Passage.

HMS Investigator, abandoned in the ice in 1853, has been found in shallow water in Mercy Bay along the northern coast of Banks Island in Canada's western Arctic.

"The ship is standing upright in very good condition," said an official.

On shore, not far from the wreck, are what scientists believe are the graves of three British sailors.

THE CANADIAN PRESS



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News in brief

Jailed for rape by deception

JERUSALEM. Lying for sex. It happens all the time.

Yet a married Palestinian man has been ordered jailed for 18 months for having sex with an Israeli woman after giving her the impression he too was Jewish.

Saber Qashor, 30, says he was approached by the woman on a downtown Jerusalem street and introduced himself as Dudu, a common Israeli Jewish nickname.

Within half an hour they were having sex in a Jerusalem office building stairwell.

After nearly two months, he was arrested and told the woman had accused him of forcible rape. He has been sentenced to prison and fined \$2,500 for "rape by deception," an offence that may be unique to the Israeli legal code.

THE ASSOCIATED PRESS

Civil servants' survey axed

OTTAWA. Federal civil servants won't get to fill out a workplace survey this year because the Conser-

vative government has axed it.

It appears the Public Service Employee Survey wound up in the Treasury Board's budgetary crosshairs.

The government solicits voluntary feedback from its workers every three years to improve programs and services.

THE CANADIAN PRESS

Galapagos in no danger

BRASILIA, Brazil. The Galapagos Islands have been removed from the UNESCO list of sites endangered by environmental threats or overuse.

The island chain, about 1,000 kilometres off Ecuador's coast, is home to unique animal species that inspired Charles Darwin's ideas on evolution.

THE ASSOCIATED PRESS

Roosevelt love note unveiled

WASHINGTON. A handwritten letter from Italian dictator Benito Mussolini congratulating U.S. president Franklin D. Roosevelt on his inauguration, and a note from a woman who had a brief affair with Roosevelt were shown for the first time at the National Archives.

THE ASSOCIATED PRESS

Plane crash kills 152 in Pakistan

► Monsoon rains suspected to be a factor ► Crash is reportedly deadliest in the country's history

A passenger jet that officials suspect veered off course in monsoon rains and thick clouds crashed into hills overlooking Pakistan's capital yesterday, killing all 152 people on board and scattering body parts and twisted metal far and wide.

The Airblue jet's crash was the deadliest ever in Pakistan, and just the latest tragedy to jolt a country that has suffered numerous deaths in recent years due to al-Qaida and Taliban attacks. At least two U.S. citizens were on the plane, which carried mostly Pakistanis.

The plane left the southern city of Karachi at 7:45 a.m. for a two-hour flight to Islamabad and was trying to land safely when it lost contact with the control tower, said Pervez George, a civil aviation official. Airblue is a private airline based in Karachi.

The aircraft, an Airbus A321, crashed some 15 kilometres from the airport, scorching a wide stretch of the Margalla Hills, including a section



behind Faisal Mosque, one of Islamabad's most prominent and recognizable landmarks. Twisted metal wreckage hung from trees and lay scattered across the ground. Smoke rose from the scene as helicopters hovered.

The exact cause of the crash was not immediately clear, and rescue workers were seeking the "black box" flight data recorder amid the wreckage. But Defence Minister Chaudhry Ahmed Mukhtar said the government did not suspect terrorism.

THE ASSOCIATED PRESS

Been to NY lately? You may have had some company

One of every 15 New Yorkers battled bedbugs last year, officials said yesterday as they announced a detailed plan to fight the spreading infestation, including a public awareness

Bloodsuckers

► Bedbugs are not known to spread disease but can cause great mental anguish with their fast-growing infestations, and have rapidly multiplied throughout New York in recent years.

campaign and a top entomologist to head the effort.

THE ASSOCIATED PRESS

No bull! Catalonia outlaws fighting



Legislators in Catalonia outlawed bullfighting yesterday, making it Spain's first major region to ban the deadly, centuries-old ballet between matador and beast after heated debate that pitted animal rights against a pillar of traditional culture. The ban will take effect in 2012 in the northeastern coastal region. Many in Spain see the ban as a further bid by Catalonia to stand out from the rest of the country.

THE ASSOCIATED PRESS

rough morning?

g



Moscow. Heat



IGOR YAKUNIN/AP PHOTO

Russia's sizzling summer

A young man gets cooled off in a fountain at the Exhibition Center in Moscow yesterday, just blocks from where a thermometer hit 38 degrees Celsius. A heat wave has hit central Russia for three weeks running, breaking all records for the last 130 years.



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Lots of chatter over Rogers' new Chatr

► Mobilicity has said it will file 'abuse of dominant position' complaint with the Competition Bureau

Rogers launched its new Chatr brand yesterday in major Canadian cities, adding more competition to the discount wireless phone market targeted at the most basic of cellphone users.

Chatr is offering unlimited talk and text with no contracts, similar to packages available from new players Wind Mobile, Public Mobile and Mobilicity.

But like some of its competitors Chatr's low-priced plans stop short of data packages that allow for Internet browsing, video streaming and email.

Chatr is marketed toward consumers such as a taxi driver who is "on the

"This could have the impact of hastening the exit of some of the independent new entrants (Wind, Mobilicity, Public)."

RBC CAPITAL MARKETS ANALYST
JONATHAN ALLEN

phone quite a bit during the day but wants cost certainty, or the family who is sending one of their children to school," said Garrick Tiplady, senior vice-president of Chatr.

Rogers said Chatr will start out being available in Vancouver, Calgary, Ed-

monton, Toronto and Ottawa. It will be operating in Montreal this fall and there are plans to enter other Canadian markets.

Chatr will offer \$35 monthly unlimited talk plan and a \$45 monthly unlimited talk and text plan with no other costs added to plans, Tiplady said. Phones for the service will start at \$60.

The emergence of Chatr has drawn the ire of competitors, in particular new cellphone player Mobilicity, which said it plans to pursue legal action under the Competition Act if Rogers launches the service.

THE ASSOCIATED PRESS

NYSE. Bosh



► Floor trader Todd Donato shows basketball star Chris Bosh the basics of trading at the New York Stock Exchange yesterday.

RICHARD DREW/THE ASSOCIATED PRESS

Bosh rings the bell

Miami Heat forward Chris Bosh rang the opening bell at the NYSE to celebrate his recent appointment as the newest National Celebrity Ambassador for After-School All-Stars.

Like TVs, camcorder set to go out in 3-D

The problem of what to watch on a 3-D TV will be yours to solve with Panasonic's camcorder for families to film birthdays, baby's first walk and weddings, all in 3-D.

Numerous global electronics companies are racing 3-D televisions into the shops, hoping a revival of interest in the technology sparked by blockbuster movies such as the sci-fi epic Avatar will translate into the public wanting the 3-D experience at home. But the scarcity of 3-D content is a stumbling block. THE ASSOCIATED PRESS

Market moment

DOLLAR	GAS	OIL	TSX
-0.22¢ (\$6.29 US)	+9.9¢ (\$4.774 US)	-\$0.51 (\$76.99 US)	-20.06 (\$11,696.63)

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The cost of the camcorder and lens setup, far more affordable than professional 3-D camcorders, which have been the only types available up to now for 3-D filming.

NOTICE: Natal Day Garbage/Organics/Recyclables Collection & Processing Services

No
Collection
Monday, August 2nd



Collection will occur
the preceding
Saturday, July 31st

Otter Lake
Facility Closed
Monday, August 2nd



Otter Lake
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7 am to 7 pm

HRM Recycling
Plant Closed
Monday, August 2nd



HRM Recycling
Plant Open
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SOME WEIGHTY ISSUES CAUSING A CRISIS

He says ...

JOHN MAZEROLLE


I told myself that if I complained about my 171-pound weight in a column, I might seem vain and ridiculous. Then I came to an important realization: I weigh 182 pounds.

This is a crisis. How did this happen? I tried all the weight-loss tricks: Bending my knees so the scale's dial settles somewhere lighter; stepping off to make sure the red line lines up with zero; getting naked and breathing out really hard.

But it's official: I'm overweight.

I've gained 60 pounds in 10 years, slowly, inexorably, like an ever-encroaching wave of

zombies. I might shoot a cheeseburger between the eyes, but there's an ice cream cone right behind it, heading straight for my mid-section.

What if it doesn't stop? At this rate, I'll die weighing 380 pounds. The funeral director will have to refill the embalming fluid — one final time that I'll be the cause of an empty keg.

I know I'm not fat. I have overweight friends who would eat me whole if I even suggested it. (And if anyone fat finds that offensive, well, try to catch me.)

What can I say? I'm vain. First

of all, I'm in Toronto, where there are no fat people. Or at least they all stay inside, ashamed that they can't fit into our over-packed streetcars.

Second, I'm single. That automatically adds 35 pounds when you look in the mirror. They're only love handles if there's somebody to hold them.

And every married person knows the deal is you raise kids, grow gardens, and expand mid-sections. This gives you a nice protective cushion when you don't eat for the first two months after the divorce.

I need to lose weight and here's how: Make more money. No, I'm not paying for a nip and tuck.

My latest 10 pounds was largely due to unemployment. It's the ultimate testament to our society that poverty and weight gain go hand in hand. Something's wrong when fruit costs more than fast food.

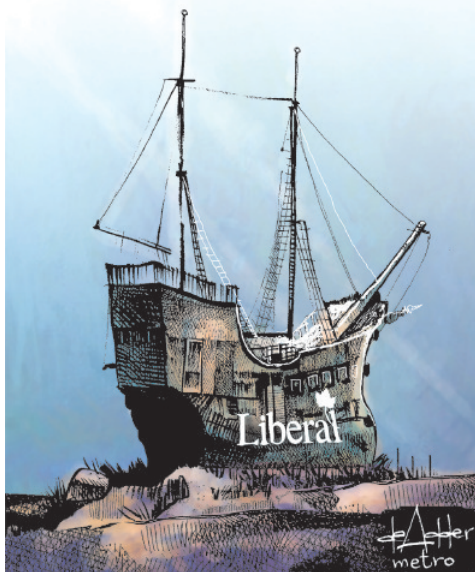
In the near future, you'll need a layaway plan to buy raspberries, while promotional cheeseburgers will be handed out at street corners by women in tight shirts. (Their shirts are tight because everybody is fat.)

But now that I'm employed, I'll be able to buy all the healthy food I need to counter the Zombie Armageddon.

Or maybe I should eat less and exercise more — speaking of horrific futures.

"My latest 10 pounds was largely due to unemployment. It's the ultimate testament to our society that poverty and weight gain go hand in hand."

Cartoon

NEWS ITEM: ARCHEOLOGISTS FIND ABANDONED SHIP


MICHAEL DE ADLER

She's just misunderstood

Too much, too soon

DAVID MCNEW/GETTY IMAGES


Letters & Tweets

We asked: What celebrity are you sick of hearing about?

DARTMOUTH, N.S. If I hear another word about "poor" little Lindsay Lohan I think I may actually vomit. Enough already!

She has been given so many chances and preferential treatment for so long she wouldn't know the real world if it walked up and slapped her across the face, which ain't such a bad idea!

STARR FRANCIS

TORONTO. I am sick of hearing about Lindsay Lohan and Amy Winehouse.

Their names and pictures are constantly in the media. It's about time the media stop giving them so much attention. They are both a bunch of spoiled brats!

MICHAEL O'CONNELL

CALGARY. @rylynincalgary: I am sick of hearing about Lindsay Lohan. She needs to accept the fact that she

is in jail and get her life straight.

HALIFAX. @aofspadesorion: Apparently @metrohalifax heard my pleas to shut the hell up about Lindsay Lohan ... A-la "What celebrity are you sick of hearing about?"

TORONTO. Lindsay Lohan. **GREG RAYBOULD**

If you could come back as a person, place or thing, what would it be?

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Metro Minute at Natal Day Festival

Haligonians, time to show off your civic pride. The 2010 Alexander Keith's Natal Day Festival runs today through Monday with various events throughout HRM.

It kicks off today at Grand Parade Square as Mayor Peter Kelly hosts the official flag-raising ceremony. There will also be free birthday cake and live en-

tertainment. Other events include Natal Day fireworks Saturday and Monday evenings, the annual Bridge Mile Road Race Sunday morning, and the popular Natal Day parade Monday from 10 to 11:30 a.m. The parade starts in Halifax, crosses the MacDonald Bridge and finishes in Dartmouth.

● PHILIP CROUCHER



► The Alexander Keith's Natal Day Festival begins today.

2
scene

News in brief



A familiar face may be on the verge of returning to American Idol.

According to a person close to the show, So You Think You Can Dance judge Nigel Lythgoe is in talks to come back to Fox's American Idol next season in the producing role he left two years ago.

THE ASSOCIATED PRESS



Survivor is going to exploit the generation gap

► Singer Adam Levine on his band's new album, performing on live television and the unifying power of Google



► Maroon 5 perform in New York City earlier this month.

Get your 'Hands All Over' Maroon 5



PAT HEALY
SCENE@METRONWS.CA

It's hard to believe that Maroon 5 is only releasing their third album.

The band have been on America's radar since the pop perfection of This Love slowly wormed its way into our consciousness somewhere between its release in 2002, climbing the charts in 2004 and winning a Grammy in 2006.

Singer Adam Levine also seems surprised that Hands All Over, which comes out in September, is only their third proper release. "It feels like our tenth," he says.

You've never been afraid of being explicit, and there are a few suggestive phrases in Misery, the leadoff single. The album cover is pretty racy, too. Is there anything that makes your bandmates say, "That's a bit much, Adam"?

'All Over' cable TV

You're kicked off your tour with a benefit for the Garden of Dreams Foundation that was televised on (U.S. cable network) Fuse. Does having cameras capturing your kickoff show change your approach to the

performance?
I'm actually a little bit nervous. Live TV, you never know. Things could go horribly wrong, but that's kind of what makes it exciting. ... The goal is to keep it intimate and awesome. No matter where you are, to make it feel like a club even if it's an arena.

I think that I'm a bit more overt in a lot of ways. But I think the band is OK with that ... They've reeled me in a ton, trust me. I've censored myself too. But sometimes it's good to kind of have checks and balances.

Let's talk a little bit about that album cover. That's a new direction for you guys to go in. It's almost psychedelic.

Our manager just Googled the phrase Hands All Over, just for the hell of it, and the first thing that came up was this amazing woman and her photo art. I guess she had named it Hands All Over just coincidentally. And we talked to her (Rosie Hardy) when we saw this photo and we said, "Oh my gosh, can we use this for our record?" And she was delighted. And it's so cool

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because it's hopefully launching her career now. She's very, very talented. She's 18 years old. Can you imagine having that happen to you? It must be an incredible feeling. I've never really spoken to her, but it's so cool. That's one of the good things about the Internet. It's one of those things that kind of just brings people together, and art, too.

Did the title Hands All Over have anything to do with the Soundgarden song of that name? The music you make doesn't sound like you'd be

Hands All Over



Hands All Over is the upcoming album from Maroon 5

Soundgarden fans.

No, it was completely different, it was totally coincidental. That's like back in the day, I think that's on Louder Than Love. ... I mean, we have really eclectic tastes. I grew up with Soundgarden and Pearl Jam and Nirvana and all those bands. ... So probably subconsciously somewhere in the back of my mind.

Pumpkins must never be apart again

► Corgan promises not to disband his Smashing new lineup ► At least not until they release 39 more songs

LINDA LABAN
SCENE@METRONews.CA

Billy Corgan seems a little preoccupied with numbers lately.

After celebrating the Smashing Pumpkins' 20th anniversary in 2008, his latest mission is to release 44 songs via free download at his band's website. The tracks then become limited edition EPs and, hopefully, eventually a massive album set, too.

With the first five-song EP, *Teargarden* By Kaleidoscope Vol. 1/Songs For A

Sailor, completed, Corgan still has 39 songs to go.

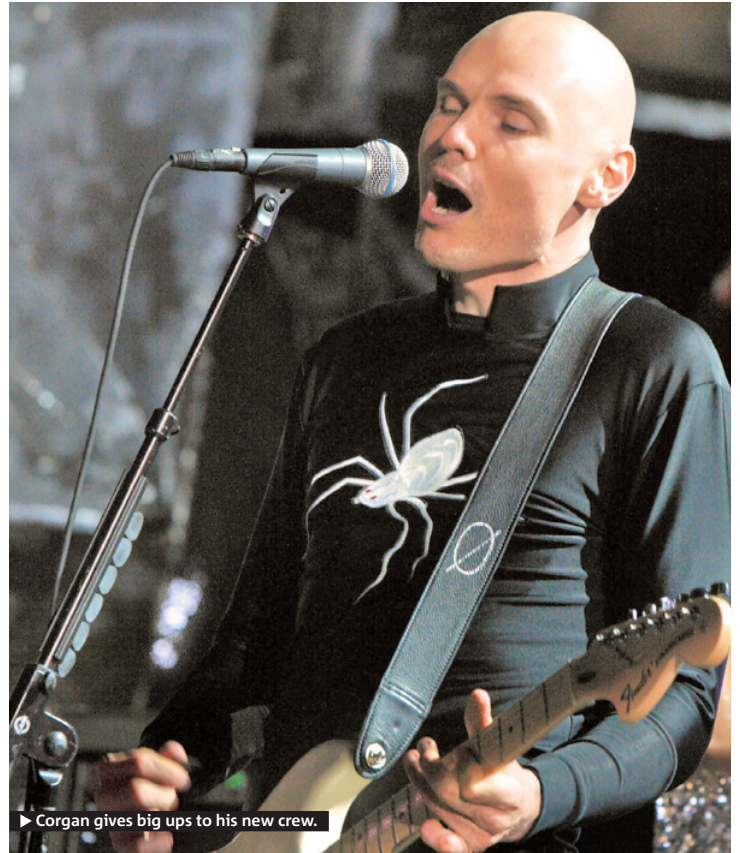
"I know, tell me about it. Sometimes I think, 'Why didn't I say 24? That's still a pretty big number,'" he laughs. "I wanted to pick a number that was so substantial (but one) that I could deal with. If I release 12 songs every year for four years, that I can do."

Corgan also wants fans to know that the on-off-on Smashing Pumpkins isn't about to disappear again. This year sees a brand

new lineup. Joining Corgan are guitarist Jeff Schroeder — who played on the Pumpkins' anniversary tour), bassist Nicole Fiorentino, and drummer Mike Byrne.

"Once you break up a band there's always this, 'Well, you know, if I get into this, are you going to do it to me again?'" he says.

"I want people to understand that I'm really committed to the band in a way I haven't been since the mid-'90s."



► Corgan gives big ups to his new crew.

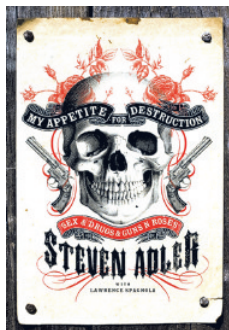
Unapologetic about living on the edge

► New book by Steven Adler takes readers back stage with Guns N' Roses ► Drummer chronicles addiction

Steven Adler's memoir, *My Appetite for Destruction: Sex & Drugs & Guns N' Roses*, offers a heartbreaking behind-the-scenes look at the band's creation — and eventual separation. He also describes his tendency toward self-destruction from a very young age.

Adler started skipping school and doing drugs when he was 11 — and never looked back. He was kicked out of his mother's house on numerous occasions before he was old enough to vote. His only consistent relationship was with drugs and alcohol.

Adler was the drummer for Guns N' Roses from 1985 to 1990. He says he handed future bandmate Slash his first guitar when they were 13 years old. They would jam day and night on the stoop of Slash's grandmother's



► **My Appetite for Destruction: Sex & Drugs & Guns N' Roses**
It Books, US\$25.99
Steven Adler, with
Lawrence J. Spagnola

could pull the tubes out of his arm and walk out of the hospital. But Adler had to get clean. One more confrontation with the law and he was facing jail time.

Adler writes that he can only achieve a natural high when he's on the stage, so he dove into what he hoped would be a new great band — Adler's Appetite — and his key to sobriety.

Destruction is a jolting look at what Adler did as an addict and a rock star, in that order. It's a haunting tale, yet manages to come off with an air of innocence.

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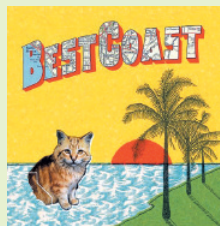
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Album reviews

A classic ●●●●● | Buy it ●●●●● | Get the single ●●●●● | Borrow it ●●●●● | Don't bother ●●●●●

**Best Coast****Album:** Crazy For You**Label:** NPG

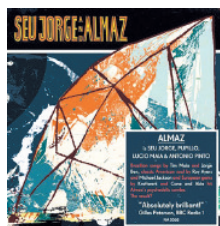
●●●●●½

Though it arrives halfway through the season, Best Coast's debut epitomizes the perfect summer record. Everything down to the cover, which features band leader Bethany Cosentino's cat, suggests, to quote one chorus, "there's something

about the summer." While earlier recordings were rife with an asphyxiating lo-fi muffle, the band made the right choice going for a cleaner sound. Concise, hook-driven and filler-free, this has enough solar power to keep you going through winter.

Outstanding track: Each & Everyday

● CAM LINDSAY

**Seu Jorge****Album:** Seu Jorge and Almaz**Label:** Now Again

●●●●●

Seu Jorge may be the most unlikely Brazilian to crack the North American market. He spent seven years homeless, he often doesn't sing in English, he plays a pop samba combo, and his deep voice takes some getting used to. His latest is a collec-

tion of Brazilian and English covers all done in his slow, plodding way. His latest is a collection of Brazilian and English covers done in a slow, plodding way. His version of Michael Jackson's Rock With You is must hear — he turns the upbeat disco classic into a sultry Barry White-like version. **Outstanding track:** Rock With You

● BRYAN BORZYKOWSKI



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Suburban soundtrack

Arcade Fire**Album:** The Suburbs**Label:** Merge

●●●●●

Six years is a long life for an independent band, especially one that was as hyped as Arcade Fire was when they released their debut disc in 2004. But here we are, their third album is out on Tuesday and they're still as big as ever.

The secret to their success isn't so much a secret, they've just managed to do two things that most band's fail at: Make good music and put on an incredible live show. Third discs are often a letdown, especially if the second one is really good, but not in this case.

The Montreal six-piece has once again written a brilliant record and while they've tweaked their sound they haven't gone off the rails. The first thing you'll notice is that The Suburbs is more subdued than their previous discs, but not by much. They've toned down the excess sounds and only threw in what made sense. It's also their most diverse record — the rocker Month of May is straight out of Neil Young's songbook; the bouncy Deep Blue draws more from Paul McCartney. The music is still dark, with blasts of deep bass drums, Springsteen-like ambition and new wave-y melodies, but it's more refined. If the band keeps this up, nothing will stop them.

Outstanding track: Month of May

● BRYAN BORZYKOWSKI

Wavves**Album:** King of the Beach**Label:** Fat Possum

●●●●●

If the Beach Boys were drowning under a sea of fuzzy, grungy guitars they'd sound like Wavves. The brainchild of Nathan Williams, Wavves' third disc is a distorted mess that veers from straight-up indie rock to layered, harmony-laden Wilson-like tunes. Williams graduates from two chord lo-fi rock into fully realized songs. Linus Spacehead is a scorching



track; opener King of the Beach is a poppy, jangly number.

Outstanding track: When Will You Come

● BRYAN BORZYKOWSKI

'Dirty' Jersey finally gets new identity

► TV shows sending out image of state as loud, brash and in-your-face ► Governor claims identity is false

On TV these days, it may seem like it's all Jersey, all the time.

Housewives flipping tables and yanking out hair weaves. A good-natured but hot-tempered cake baker, muttering his more choice expressions in Italian. Stylists teasing up big hair. And of course, the horny, hard-drinking, foul-mouthed crew at the Jersey shore beach house.

Be careful what you wish for because it has

"The Jersey shore is a beautiful place, and it's a place that everybody should come on vacation this summer."

NEW JERSEY GOV. CHRIS CHRISTIE

one now thanks to The Real Housewives of New Jersey, The Jersey Shore, Jerseylicious and Cake Boss. But the image of

New Jersey that's going out to the rest of America is loud, brash, in-your-face, big hair, small vocabulary, Italian surnames a must.

And New Jersey Gov. Chris Christie says that image is a false one.

He said the MTV show "takes a bunch of New Yorkers, drops them at the Jersey shore, and tries to make America feel like this is New Jersey."

THE ASSOCIATED PRESS



► New Jersey no longer has a Situation on its hands but it does have to deal with what it considers a bad image.

TV watch list

Heading back to the Shore

BRACE YOURSELF for a new round of fist pumps and spray tan. That's right — Season 2 of Jersey Shore debuts tonight and this time, the gruff guidos and guidettes are in Miami. Snooki, The Situation, Pauly D and the rest of the crass crew head south when a snow storm strikes Jersey.

► MTV

Experienced turn Rookies

SHOCKING K.C. Collins (Crash & Burn), Roberta Maxwell (Brokeback Mountain) and Paul Soles (The Incredible Hulk) guest star on Rookie Blue. The episode features a lovers' quarrel between Andy and Luke and a fatal traffic collision that reveals "a shocking truth." ► Global



► Michaela Salahi, left, is interviewed at the America's Polo Cup Championships

Housewives moving into D.C.

► Gate crashing couple set to star in latest installment of Real Housewives series ► Washington braces itself

Michaela Salahi is ready to move on. She's sure the U.S. president is, too, because he's joked about her and her husband's infamous gate-crashing episode. And so she thinks the judicial system should be ready to move on, as well.

"To be honest, I don't know where it's at," she told The Associated Press Monday of the criminal investigation by a federal grand jury, which still could lead to prison time for the party-going, polo-loving couple from Virginia wine country. "But

More wives

The latest installment of the Real Housewives series is set to kick off

► Now in Washington The show debuts Aug. 5 on Bravo.

our attorneys have said to go on with our lives."

"And if the president and vice-president are joking about it," she added, "I think they're ready to move forward, too."

Certainly the Salahis are taking their attorneys' ad-

vice. Far from staying quietly out of the spotlight, they are happily promoting the Aug. 5 debut of Bravo's Real Housewives of D.C., in which, judging from the first episode, Michaela takes centre stage — along with the incident that got her into trouble.

In fact, all these months later, Salahi professes still not to understand why so much attention was paid to that one incident last November. "It must have been a slow news week," she said.

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Eating his words

► Klosterman on his writing and toying with his interviewers



► **Chuck Klosterman**

Chuck Klosterman tends to wax meta. Throughout his career of analyzing music, sports and pop culture, the hyper-self-aware essayist can't help but insert his very specific experience into topics such as how much David Koresh had in common with Kurt Cobain and the logistics of time travel.

For instance, in the opening chapter of his latest compilation of essays, *Eating the Dinosaur*, now out in paperback, Klosterman dissects the process of conducting interviews — something he's been on both sides of — admitting he openly lies during some interviews, and drawing the conclusion that they're relatively pointless.

It makes for a perfectly awkward moment when it comes time for Klosterman to be interviewed to promote this book. He already knows he may have shot himself in the foot this time.

"Well, I have to say it has effectively stopped people from trying to inter-

"I don't really know what I think about something until I write about it"

CHUCK KLOSTERMAN

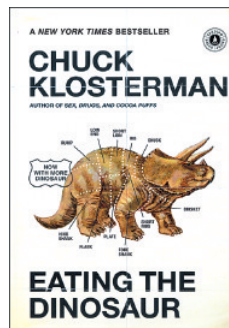
view me," he jokes. "In general, I get written about less now than I did a few years ago. But maybe the essay has something to do with it, I don't know."

But back to David Korsh and Kurt Cobain: Klosterman's approach to his essays, which tend to draw parallels between seemingly incongruous elements and people in pop culture, are like a game of "which one of these things doesn't belong?" in reverse.

"I don't really know what I think about something until I write about it," he explains. "I think, 'Why do I like these two things? Because it feels like I like them in the same way.' Writing is the process of deducing that."

In the long run, however, Klosterman is dubious about his own writing's importance. "The main thing, if they have any value over time — and they probably don't — it would be kind of like present tense history, so that if somebody goes back later and reads these books, while the ideas might not necessarily seem insightful or important, they'll be able to see what people were interested in at the time."

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Welcome to animal party

► They came, we saw, they conquered our hearts ► Here are five films that deserve two paws up

The cats and dogs of *Cats & Dogs: The Revenge of Kitty Galore* have all kinds of super-spy gadgetry and training at their disposal: jet-packs, tricked-out collars, the works. But they come from a long and lovable tradition of live-action animal movies — ones that were simpler and sweeter. Here's a look at five that the show the best of animals:

Babe (1995)

This is a movie about a talking pig — a talking pig, people! — that was nominated for seven Academy Awards, including best picture and best actor for James Cromwell. (It won one, for visual effects.) That's how good it is. Director and co-writer Chris Noonan's film about a pig who learns how to herd sheep is so sweet, so funny,

Canuck canine

► While speaking of cute — and resourceful — animals on films, one cannot forget the enduring Canadian contribution to lovable animals on screen: *The Littlest Hobo*. Yeah, it was a TV series but was actually based on a little-known 1958 American film. The show, featuring a German Shepherd who goes from town to town helping people in need, originally aired in 1963 but was revived on CTV in 1979 for a popular six-season run.

so unexpectedly touching, it never hits a false note.

My Dog Skip (2000)

Several powerful forces are at work here: an insanely cute Frankie Muniz



► The Oscar-nominated *Babe*, left, and the 1953 classic *Lassie Come Home* show the best of our furry friends.



as our shy, nine-year-old hero; the idea of a dog being your only real friend when you're a lonely, insecure kid; and of course, Skip himself, a lovable, scruffy Jack Russell terrier.

Lassie Come Home (1943)

Maybe it's because I had a collie as a little girl, but I

can walk into this movie at any point and find tears streaming down my face within seconds. It's a classic, of course, featuring a young Roddy McDowell and Elizabeth Taylor (and it was remade pretty faithfully a few years ago with Peter O'Toole and Samantha Morton).

The Black Stallion (1979)

It's scary and thrilling, amusing and inspirational — which means it has all the ingredients for a perfect family film. And that Arabian horse creates such a striking figure, you can't help but be in awe of its majesty and beauty.

Every Which Way But Loose (1978)

Goofy, but kinda irresistible in its self-awareness. You have to love Clint Eastwood toying with his tough-guy image by playing ... a tough guy whose best friend is an orangutan.

THE ASSOCIATED PRESS



Jolie shows concern for North Koreans

Angelina Jolie says she's worried about the people of North Korea, particularly the persecution defectors face when repatriated to the reclusive state.

Jolie was in Seoul on yesterday to promote her latest action thriller, *Salt*, which opens with a scene that takes place in a North Korean prison.

Jolie, who serves as a goodwill ambassador for the UN High Commissioner for

Refugees, said she got a tutorial on the plight of North Korean defectors from Seoul-based officials from the UN refugee agency.

"They spoke a lot about the concerns about people being persecuted when they are sent back to North Korea," she said. "I'm very concerned about the people."

Tens of thousands of people from impoverished North Korea have migrated to

neighbouring China in recent years, activists say. Many are sent back as part of an agreement between North Korea and China.

Some 19,000 have made it to South Korea.

"I learned today about them gaining citizenship and crossing into South Korea," Jolie told reporters.

"The UNHCR practices quiet diplomacy in which they do more than they talk about."

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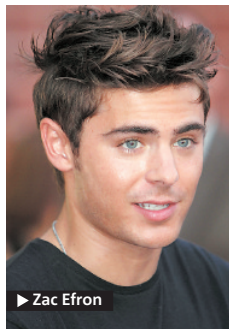
Zac's wild night in L.A.

While girlfriend Vanessa Hudgens was back in California, Zac Efron reportedly hit the town with High School Musical co-star Corbin Bleu, spending more than \$2,000 at New York strip club Flashdancers the night before the premiere of his latest film, Charlie St. Cloud, according to Page Six.

"They ordered one bottle

of Belvedere vodka and were enthralled with the dancers," a source says. "The girls were all slim pretty brunettes, a bit like Zac's girlfriend. Zac and the boys had a great time and left around 3 a.m. Monday morning." A rep for the strip confirmed that Efron and Bleu were there, but declined to comment further.

● METRO WORLD NEWS



► Zac Efron

Ronnie brings art to America

Rolling Stones guitarist Ronnie Wood is coming to Ohio with a different kind of solo show, spotlighting his paintings and other art.

The Butler Institute of American Art says the exhibition opening is the first for Wood at a major American museum.

The 63-year-old British musician plans to be at the museum for a reception on the show's opening day, Sept. 21.

Butler chief curator and director Louis Zona describes Wood's art style as lively and appealing. The museum notes that the rocker picked up a paint



► Ron Wood

brush at the age of 12, before he started playing guitar. The exhibition includes 30 of Wood's paintings, 22 pen-and-pencil drawings and seven mixed-media works.

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Talking points

Post-jail rehab on LiLo's mind

WHAT, ME WORRY? While she's in jail now, Lindsay Lohan is already thinking about what comes next: a mandatory three-month stay in rehab, her lawyer tells People magazine. "She'd like to spend some time with her family, and there's at least some question as to whether or not she'll have to go directly to rehab." Word is the court would like her to do just that. "I think it would only be fair for her to spend some time with her family and that's what she'd like for me to emphasize to

judge," Holley says.

● METRO WORLD NEWS



Baby Bloom in Miranda?

There's apparently a reason Miranda Kerr and Orlando Bloom tied the knot so soon after getting engaged: Kerr is pregnant, sources tell Us Weekly. "She's definitely pregnant. Miranda's thrilled," a source close to Kerr says.

"She's telling all her friends — mostly other models — about it." The pair recently returned from a quick honeymoon in the Caribbean, where they were married after a month of engagement.

● METRO WORLD NEWS



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Celebrity tweets



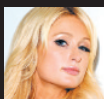
Conan O'Brien
[@ConanOBrien] An-

gelina Jolie is joining Twitter. If she thinks she can lure away my core audience of young male teens she I'm screwed.



Billy Ray Cyrus
[@billyray-cyrus] Yes

I'm still here. What is your Question?



Paris Hilton
[@ParisHilton] Love the vil-

la we're staying at in Ibiza. It's so modern and has such great style. It even has it's own night club in it. Amazing!



Lily Allen
[@lilyrose-]

They seem so happy.

Speaking to cops? Now that's progress

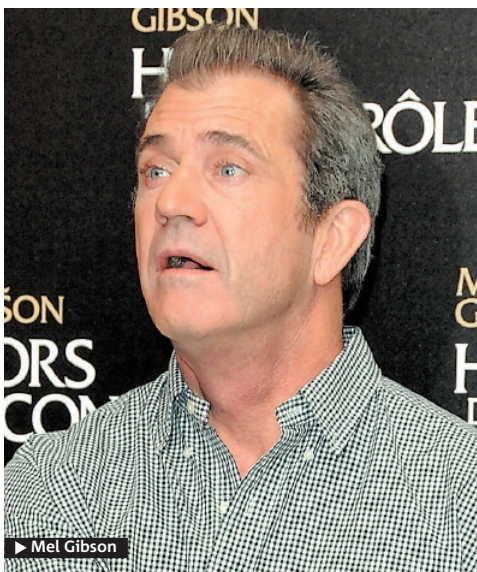
► Mel Gibson talks to police about extortion claims against ex ► Probe still on for abuse allegations

A sheriff's official says Mel Gibson has met with detectives to discuss his claims that his ex-girlfriend attempted to extort money from him.

Los Angeles County sheriff's spokesman Steve Whitmore says the interview occurred Sunday. He says detectives only spoke to the Academy Award-winner about his claims against ex-girlfriend Oksana Grigorieva.

The sheriff's department is also investigating claims by Grigorieva that Gibson abused her during a January confrontation.

Stephen Jaffe, a spokesman for Grigorieva, declined comment on the meeting. The Russian singer denied the extortion allegations to celebrity photographers in video shot Friday. **THE ASSOCIATED PRESS**



► Mel Gibson

Sarandon still denying affair

Susan Sarandon continues to deny she's dating 31-year-old business partner Jonathan Bricklin, that's not stopping sources from speculating, especially after Bricklin accompanied Sarandon on a trip to Italy recently for the Giffoni Film Festival, according to Popeater.

When asked by Entertainment Weekly about the possibility of romance with Bricklin, Sarandon would only say, "I certainly love the idea of being in love, and I love the idea of



companionship. Whatever happens next in terms of romance or partners, I don't know."

The pair co-own a ping-pong club in Brooklyn, N.Y. **● METRO WORLD NEWS**

Cruz blasts teen mags

Penelope Cruz is tired of the beauty standards forced on girls. "I would close down all those teenage magazines that encourage young girls to diet," she tells Britain's You magazine. "Who says that to be pretty you have to be thin?" **● METRO WORLD NEWS**

No rehab for Uchitel

Just days into filming its news season, Celebrity Rehab has lost one of its cast members. Rachel Uchitel bolted from the set after a particularly intense day with Dr. Drew Pinsky and checked into a Beverly Hills hotel, according to Radar Online. **● METRO WORLD NEWS**

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3
life

News in brief



Sink your feet into ultimate comfort with Teva's "Mush" flip flops. Available in a pink or blue flower pattern, this affordable footwear (\$25 per pair) will have you mistaking it for your slippers! It's a great lightweight option to throw in your suitcase for your next vacation. Visit teva.com.

METRO



Will you remember your PIN number next time you're in the store?



► Model walks the runway at the Trina Turk 2011 fashion show during Mercedes-Benz Fashion Week Swim earlier this month in Miami Beach, Fla. (Pictured above and right).

Fashion headliners

► From fedoras to boater hats, headwear is hip on the 2010 runway. ► Style and health experts agree: Hats are the supreme summer accessory.

Hats for women were the fashion headliners on all the spring/summer 2010 runways.

From fedoras to boater hats to wide-brimmed ones and pork-pie caps, headwear topped off every outfit floating down the catwalk.

Not only are hats the summer accessory, but they have a noble purpose too: protecting your head and face from harmful UV rays. And everyone wants to stay stylish while staying healthy.

A hat can also do wonders in keeping you cool on stiffling hot days, which, gauging from the summer thus far, we're likely to have many more of in the coming month.

According to Karyn Gingras, owner and chief designer of Toronto's Lilliput Hats, fedoras, pork pie hats and caps in hemp, linen and fine breathable straw are the biggest hits this season as are hats in bold colours, including royal blue, coral, yellow.

"The fedora continues to be a strong shape," ex-

"Try on a lot of them. Have fun, step out of your comfort zone for a minute and consider that wearing a hat makes you special"

KARYN GINGRAS, OWNER AND CHIEF DESIGNER OF LILLIPUT HATS

plains Gingras. "It's sexy, casual and keeps the sun off." Gingras is pleased to report that more and more people are embracing stylish hats. "Thankfully, I see fewer baseball caps (on men and women)," she adds.

The most breathable materials for summer are lightweight linen and hemp. Gingras also uses 100 per cent natural straw in many of her hats, tightly woven for maximum sun protection.

If you're a bit shy when it comes to donning a hat, heed Gingras's advice: "Try on a lot of them. Have fun, step out of your comfort zone for a minute and consider that wearing a hat makes you special."

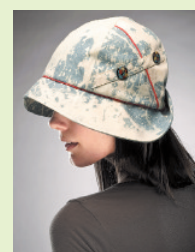
● HEATHER BUCHAN



1

Lorane Hat, \$85, Nobis (nobis.ca)

A linen fedora with a cotton plaid trim — perfect to pair with a t-shirt and jeans. Its quick-dry wicking sweatband makes it comfortable wearing on warm days.



2

Becca Hat, \$60, Nobis (nobis.ca)

Boasts a wide-brimmed trim that is great for shading your face from harsh summer rays. It's made from cotton and has contrast piping with paneling details and custom-printed buttons.

● HEATHER BUCHAN



Duo eye skater details

► Olympic gold medalist Shaun White and brother Jesse pull together a look that is slightly retro, a little edgy for third year of apparel deal with Target.

Olympic gold medalist Shaun White and his brother Jesse hang out with young artists and skaters, surfers and snowboarders with a distinctive style that's a little bit retro, a little bit edgy and a whole lot of cool.

The White brothers say they want to bring that look to the masses - even if you're not artistic, can't skate to save your life or don't dream of waves or halfpipes. They are in the third year of an apparel deal with Target that now covers boys, young men and shoes.

"This is all about clothes our friends would wear," explains Jesse, who is the sketch artist here. He turns into tangible designs all the ideas Shaun collects from his worldwide travels. Shaun will also snap photos

of passersby, which adds to the authenticity and street cred of the brand. "My trips turn into T-shirts," he says. (And there's a particular favourite shirt with his own dog wearing a pair of shades.)

On this day, "street" is what the Whites are wearing, too. Shaun has on ultra-skinny grey jeans, a V-neck T-shirt and dangling charm necklace, while Jesse wears black jeans and the new fat-lace, grey suede sneakers.

Shaun did go to a runway designer show in Milan, Italy, right after the Vancouver Games earlier this year. "I won't lie. It was

weird," he says. And during one post-Olympic interview with Rolling Stone, Shaun immediately noticed the reporter wearing a plaid shirt from the line.

He readily admits that he didn't always have enviable attire.

"I fell into fashion as an older skateboarder. Before



► Olympic snowboarder Shaun White, right, and his brother Jesse say they want to bring style to the masses with their apparel line for Target.

that, my clothes were lame. But now, can you imagine an eight-year-old without skater sneakers? Could you imagine him having to wear dress shoes?" Shaun asks.

The fashion savvy of kids has increased as they are exposed to events like the X

Games and have style role models within their grasp to mimic, he says: "I now get outdressed by that eight-year-old."

Because they adapted the skater/boarder lifestyle so many years ago, the Whites have a keen eye for detail that others from the

fashion side of the business might miss — but a kid never would, Jesse says. "We make our skateboard graphics look the right way. ... The sneaker has the right rubber compound. You have to be able to break the shoe in and break it in quickly." THE ASSOCIATED PRESS



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DURO OLOWU LIFE AFTER THE MEGA-HIT

► Look hard at those ethnic prints in your favorite boutique and you might see Duro Olowu's influence.

You might recognize Duro Olowu's work before you recognize his name. His 2005 debut collection featured a vibrant, printed silk dress, now known as "The Duro." It was so chic, easy to wear and figure flattering, that fashion editors the world over declared it the dress of the year.

It was promptly knocked off by the high street mega-stores on down to the street vendors. But the copies only made the highly creative originals much more covetable.

Your work is pretty grounded in your Nigerian and Jamaican roots. What was your childhood like?

You know, we would come to London from Nigeria and buy the bell bottoms and cheese cloth shirts. I would listen to Jimi Hendrix and the Jackson 5 and my parents would listen to Ella Fitzgerald and Nina Simone. We would often go on holiday and my mother would buy all of these silks and take them back to her dressmaker.

Those silhouettes influ-

enced me. She would mix up her Nigerian clothes with what we bought from Europe. And so I learned at a very young age, that what we were lacking in Africa was that kind of supple silk. Everything in Nigeria was made of these sharp fabrics like cotton. So I grew up with this obsession with transferring that cotton reel of cultures to silk.

You studied law, how did you end up transitioning into fashion?

Well to be really honest, my



► Duro Olowu inside his new London store.

older brothers and sisters were sent to school in London and really messed up. (Laughs) I've never told anyone that. So I thought that the only way I was going to get to move to London for school was to study law.

I knew that my father, in particular, was not going to pay for me to go to [the fashion school] Central Saint Martins. When my parents visited, I would move all of my magazines out of the room and borrow my friends' law books. After school, I did my national service in the Army and

then I moved to Paris and worked as an illustrator for designers. And through that, I kept meeting people, Azzedine Alaïa for example. And then I kind of learned and built a career over the course of seven years. It took time.

Your Duro dress has been copied and re-copied. Not to mention ethnic prints, your signature, are very trendy for summer.

It's good to have influenced things. On one hand it's flattering. But it's just annoying when it's badly

done.

It's tough because I own my business 100 per cent you know. But it's really something when people refer to a dress using your name. It's a privilege.

Have you felt any pressure to live up to the popularity of that dress?

For me, the real pressure is the process of putting on a show and trying to get my message across in 15 minutes. There's always pressure, but I'm not 23. I know what I've gotten into.

● METRO WORLD NEWS



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Your friends will fight over this guest room

► If you're big into having people over, big into cocktail parties and a big social personality, here is what your well-stocked guest room will need



► Whether your guests need to sofa surf or you have a room for them, Metro has some essential tips.



DECOR MOMENT

KARL LOHNES
HOME@METRONEWS.CA



I feel like I should install a revolving door on my guest room this summer. With many family and friends deciding to take staycations, my city place has become a popular destination for those choosing a big city experience. I am lucky that I have a separate bedroom and bathroom for guests but for some, a pull-out sofa and spare towel is all that's available. Here are a few great ideas to make your guests feel like they

are experiencing a five-star hotel stay no matter how you put them up:

Sofa surfing

- Add a feather bed (a thick duvet-like comforter) on top of the mattress for a more luxurious sleep. Make sure the sheets smell fresh and are clean.

- Once you have pulled out the mattress, cover the entire couch with a freshly laundered king-size sheet. It will create a barrier from the upholstery fabric so your guests won't feel like they are sleeping on your sofa.

- If space permits, turn the sofa around so that the back helps divide the room for privacy.

- Clear the clutter on your end table and use it as a night-side table; an alarm clock, lamp and a

bottle of water will welcome your guests.

- Fill a tote bag with bathroom essentials and leave it by the sofa. This will help keep a shared bathroom organized if everyone has their own storage.

Designer Note

When shopping for a pull-out sofa, make sure the mattress is at least four-inches thick and that the fabric is durable like leather or micro fibre.

Making room

- Make sure bedding, mattress and pillow covers are cleaned. Spritz fabric refresher (like Febreze) between mattress, coverings, sheets and duvets so the bed smells fresh throughout the stay. A scented candle will also help to create a fresh smell in the room.

- Freshen pillows by tumbling them on low heat in the dryer; this will also plump them up.

- Window-darkening shades are a necessity; a

Dreams?

► My designer dream list for sweet dreams: Yves Delorme bedding \$1200, Missoni towels \$280, Hastings Queen-sized bed \$25,000, a variety of down and allergy-free synthetic pillows \$500 and a Barbara Barry candle \$75. That's all I need for a good night's sleep.

simple pull-down roll blind is a great inexpensive option.

- Keep supplies like towels, bedding, bathroom tissue, soaps and candles a notch above the quality you would normally have in your home.

- Supply a bottle of water, a drinking glass, a few mints and fresh flowers or fruit in the room.

Designer Note

Don't be afraid to decorate a guest room with a theme; Vintage Hollywood, Nautical Modern or Simple Cottage are just a few popular themes.



► Think your home is clean? Think again.

Germ inspection time: Some hot spots in the home

We all try our best to maintain a clean, healthy living space for ourselves and our families. But there are many germs lingering around our homes that we could be missing.

Of course it's impossible to avoid coming in contact with all germs and viruses but if you are aware of what is in your home, you have a better chance of defending against them.

Here are some of the hot spots in your home you may not have considered:

In home bathrooms with heavy foot traffic, shared cloth towels are often damp and germmy due to overuse. Even if a towel looks clean, it may have viral, bacterial or fungal contaminants which can be transferred to hands when drying them.

Health Canada recommends not using a common hand towel to dry hands. Instead, use a one-time use towel so you know you are getting a

clean, fresh, dry towel every time.

Pets don't always practice good hygiene, and nor do we when it comes to their dishes. Pet bowls are often left unwashed for longer than they should be and as a result they collect germs and bacteria. Be sure to wash Fido's dishes regularly to keep both pets and family members healthy.

Light switches (including lamp switches) and door knobs see a lot of hand traffic each day and that makes them a hot spot for germs. Cleaning them off regularly — once a week when people are healthy or daily if someone is ill — with antibacterial wipes or sprays will help keep the spread of germs down.

When we are out and about we often place our bags on the floors of restaurants, offices and even public washrooms. Make sure you wipe off bags regularly to avoid tracking contaminants into the home. **NEWS CANADA**

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"When shopping for a pull-out sofa, make sure the mattress is at least four-inches thick and that the fabric is durable like leather, chenille or micro fibre."



► Grilled Haddock and Salad.

Nothing beats good seafood for lunch

LUNCH RUSH

VALERIE MANSOUR
FOOD@METRONEWS.CA

Phil's Seafood is a casual, friendly restaurant, a satisfying place for a quick lunch with top-notch fish and chips.

The menu offers various combinations of fish with chips or salads, all reasonably priced. My pal orders the Grilled Haddock and

Salad. The haddock is lightly battered and tastes fresh. His requested spinach salad looks and tastes great — spinach, egg and mandarin orange with grated cheese over top.

I order the half-size Seafood Platter and request that instead of salad or fries, that I get some of each. The server doesn't mind. My plate includes haddock, four shrimp and four scallops. The texture is perfect — nothing is overcooked — and every-

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thing tastes fresh. My Caesar Salad is tasty and the home-cut fries steaming hot.

There's a large empty

Lunch with co-workers: Yes
Social lunch: Yes
Quick solo lunch: Yes
Time in: 1:00
Time out: 1:45
Low \$: Fish and Chips (one piece fish) \$6.25
High \$: Full Seafood Platter \$21.50
Licensed: Yes

space by the front window, so considering every table is taken on this day, they may need another to reel in more fish fans.

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News in brief

RE-OPENINGS. Two Halifax restaurants damaged in a February fire have re-

opened. Tomavino's Celar Ristorante, at 5173 South St. and The Taj Mahal, at 5175 South St. (tajmahal7wonders.com)

● VALERIE MANSOUR

Mediterranean Orzo Salad



► Mediterranean Orzo Salad

Yields 6-8

Ingredients :

- 500 ml (2 cups) orzo pasta
- 375 ml (1 1/2 cups) small broccoli florets
- 500 ml (2 cups) fresh corn kernels (about 3 ears)
- 250 ml (1 cup) each diced sweet red and orange peppers
- 125 ml (1/2 cup) pitted black olives, halved
- 125 ml (1/2 cup) diced red onion
- 50 ml (1/4 cup) shredded fresh basil
- 50 ml (1/4 cup) chopped fresh parsley
- 75 ml (1/3 cup) olive oil
- 45 ml (3 tbsp) white wine vinegar
- 1 clove fresh garlic, minced
- 1 ml (1/4 tsp) hot pepper flakes
- Salt and pepper, to taste

Preparation:

- 1 In large pot of boiling salted water, cook orzo, stirring occasionally, for 6 minutes. Add broccoli and cook until broccoli is tender and pasta is al dente, about 1 minute.
- 2 Drain well and refresh under cold running water; drain again. Return to pot or large bowl.
- 3 Gently stir in corn, red and orange peppers, olives, onion, basil and parsley.
- 4 In a measuring cup, whisk together oil, vinegar, garlic, hot pepper flakes and salt and pepper.
- 5 Pour over salad and toss gently. (Salad can be covered and refrigerated for up to 2 hours. Bring out to room temperature 30 minutes before serving.)

When using very fresh corn on the cob, it is not necessary to cook the kernels for this colourful summer salad, which makes a fabulous entree or side dish for a warm evening's meal.

THE CANADIAN PRESS

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URBAN GRILL

Relatives mourn former NBAer

Relatives and friends of Lorenzen Wright gathered yesterday and grieved for the former NBA player who has been missing for 10 days, as police investigated the discovery of a man's body outside of Memphis.

Wright's uncle, Curtis Wright, told The Associated Press that police called the player's father, Herb Wright, yesterday afternoon with the news he had died.

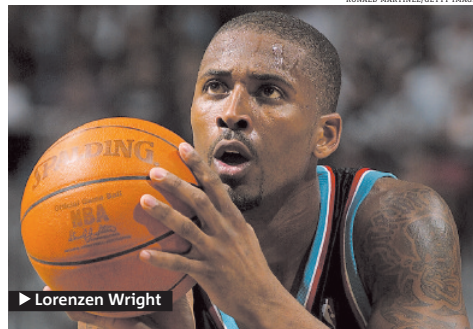
Career

Wright played 13 years in the NBA with five different teams: The Los Angeles Clippers, Atlanta Hawks, Memphis Grizzlies, Sacramento Kings and most recently the Cleveland Cavaliers with 17 games in the 2008-09 season.

Sgt. Alyssa Macon Moore of the Memphis Police Department wrote in

an email to the AP that police were investigating the death of an unidentified man beside a wooded area about 20 kilometres south of downtown Memphis. Asked if the man was Wright, she wrote they could not confirm the victim's identity last night.

The 34-year-old Wright was last seen July 18 when he was expected to fly out of town. His family filed a missing person report July 22. **THE ASSOCIATED PRESS**



► Lorenzen Wright

RONALD MARTINEZ/GETTY IMAGES

Strasburg's golden arm feeling 'better'

► It's unknown when rookie phenom will return to mound

Nationals rookie right-hander Stephen Strasburg first sensed tightness in his pitching shoulder "a couple days ago," he said yesterday, chalking it up to "kind of hitting the wall a little bit."

A day after being scratched minutes before what was supposed to be the 10th major league start of his much-hyped career, Strasburg said he felt "a lot better" and his range of motion is "starting to come back."

Washington general manager Mike Rizzo and trainer Lee Kuntz said Strasburg did not indicate he had a problem before Tuesday, when his pre-game bullpen session was stopped about a half-dozen throws in.

"I wasn't really scared, because it's kind of something that I've had happen to me before," Strasburg

said, referring to feeling stiffness in his right shoulder while in college at San Diego State. "It wasn't on just one pitch, so that's obviously a big thing."

He took anti-inflammatory medicine yesterday and underwent treatment.

The plan is for Strasburg to go at least two days — and perhaps three or four — without throwing at all. It's not clear when he will next pitch in a game; his next scheduled appearance would be Sunday.

THE ASSOCIATED PRESS

Innings

So far in 2010, Strasburg has thrown 109 ⅔ innings, including in the minors, which essentially matches his count in his final college season at San Diego State — 109 innings.



► Stephen Strasburg of the Washington Nationals tosses a pitch during a game last month.

KEVIN C. COX/GETTY IMAGES

Quoted



"They called me to put out a fire, and we put it out. (Julio) Grondona lied to me. (Carlos) Bilardo betrayed me. While we were still in mourning (the loss to Germany), Bilardo worked in the shadows to throw me out."

DIEGO MARADONA, WHOSE CONTRACT WASN'T RENEWED, ACCUSING THE AFA PRESIDENT AND THE ARGENTINA TEAM DIRECTOR

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Howard set to return to Wizards, source says

A person familiar with the deal says Josh Howard has agreed to a one-year contract to return to the Washington Wizards.

The person told The Associated Press yesterday that Howard is set to come back after playing only four games with the team last season. The person spoke on condition of anonymity because the deal hasn't been signed.

Howard was acquired in a seven-player trade with the Dallas Mavericks Feb. 13, but he tore a ligament in his left knee Feb. 22.

The Wizards declined to pick up their option on his contract at the end of the season but left open the possibility of re-signing him.

Howard had surgery in mid-March, with an expected recovery time of six to eight months. He has averaged 15.3 points over seven NBA seasons.

THE ASSOCIATED PRESS

Soccer. Champions



► Celtic's Shaun Maloney, right, challenges Sporting Braga's Elderson.

PAULO DUARTE/THE ASSOCIATED PRESS

Ajax draw, Celtic lose

Four-time European champion Ajax was held to a 1-1 draw by PAOK, and FC Braga beat Celtic 3-0 in the third round of qualifying for the Champions League yesterday.

THE ASSOCIATED PRESS

Rival hurdlers will face off for Canadian title

- Felicien has edge over Lopes-Schliep in past events
- Canadian championships taking place this week

The list of similarities is a long one.

Canadian hurdlers Perdita Felicien and Priscilla Lopes-Schliep are both from just outside of Toronto, have both enjoyed illustrious careers and are both in their prime. They also have similar records of success against the other, with Felicien leading the head-to-head battle 16-14 entering this week's Canadian championships.

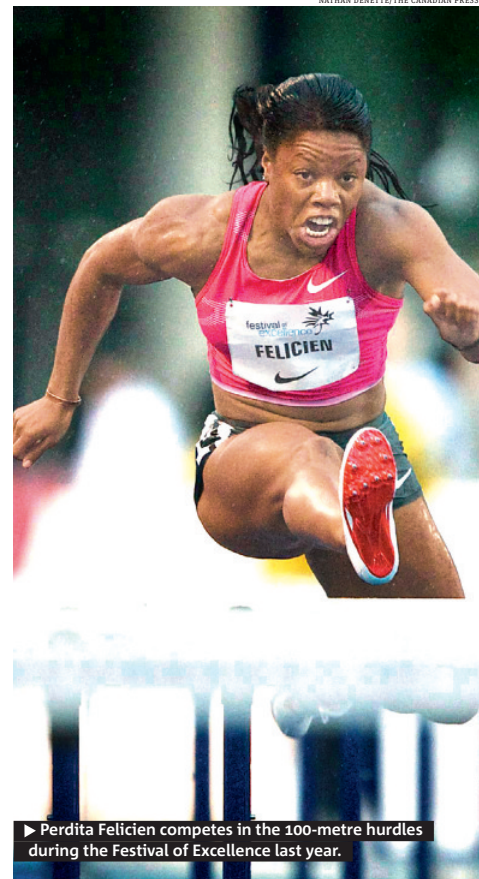
Their rivalry has been a hot topic this week as Felicien — the defending champion — and Lopes-Schliep made the media rounds in the buildup to their showdown in the 100-metre hurdles.

It's something Athletics Canada head coach Alex Gardiner says helps both of them.

"They can't look over their shoulder without seeing each other," Gardiner said.

"It's important to be the Canadian champion, it's important to be the Canadian record holder. I think when you have two world-class athletes, it just doesn't double the culture of excellence. I think it's exponential."

Felicien, 29, and Lopes-Schliep, 27, were all smiles at the event's kick-off news conference at a downtown Toronto clothing store yesterday. They



► Perdita Felicien competes in the 100-metre hurdles during the Festival of Excellence last year.

chatted, laughed together and even had a thumb-wrestling battle after tak-

ing questions from reporters.

THE CANADIAN PRESS

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Senators' Leclaire to get help from former mentor

► Ottawa hires longtime NHLer Rick Wamsley as goalie coach ► Former Mooseheads netminder endorses move

The Senators appear to be giving Pascal Leclaire, a Mooseheads alum, every chance to take the No. 1 role in Ottawa's crease this season after hiring Rick Wamsley as goaltending coach yesterday.

Wamsley, a 51-year-old native of Simcoe, Ont., joins the organization after spending the past four years with St. Louis, most recently as the interim coach of the Blues' American Hockey League affiliate in Peoria.

In Ottawa, the former NHL netminder will get a chance to help fix an area that's often pointed to as a weak spot in the Senators' lineup. In doing so, he'll get a chance to work again

Deep struggles

► The 28-year-old Leclaire suffered through injuries and inconsistent form last season. He went 12-14-2 with a 3.20 goals-against average and .887 save percentage, losing the No. 1 role to Brian Elliott.

with Leclaire, whom Wamsley helped develop with Columbus after the Blue Jackets drafted Leclaire eighth overall in 2001.

Wamsley spent seven years with Columbus as a goaltending coach and pro scout.

"Pascal endorsed him

fully," Senators general manager Bryan Murray said. "He felt he provided a lot of good guidance for him."

Leclaire, who will make \$4.8 million US this season in the final year of his contract before becoming an unrestricted free agent, is coming off a largely forgettable first season in Ottawa.

Wamsley said Leclaire has plenty of tools to turn things around.

"What he has, you can't teach," said Wamsley. "He's extremely quick, really good side to side, he has good hands. What he needs constant reminders of is how to be a goalie, not just stopping the puck."

THE CANADIAN PRESS



► Pascal Leclaire worked with Rick Wamsley while in the Blue Jackets organization.

Sports in brief

DOUG DENICUCCI/GETTY IMAGES



► Chris Bosh

Raptors GM says Bosh 'checked out'

NBA. Chris Bosh's former general manager says the player was "checked out" late last season and chose not to play some of the Raptors' final games.

Talking on radio station FAN 590 in Toronto, Bryan Colangelo said Bosh wasn't the same player toward the end of the year.

Colangelo said Monday that whether Bosh was "mentally checked out or, you know, just wasn't quite into it down the stretch, he wasn't the same guy. And I think everybody saw that, just no one wanted to acknowledge it."

THE ASSOCIATED PRESS

Tigers coach gets extension

VOLLEYBALL. The Dalhousie Tigers have extended the contract of women's volleyball coach Rick Scott through to the 2012-13 season.

Scott will be entering his third season as head coach this fall, and has led the team back to the playoffs for the first time since 2005-06.

METRO HALIFAX

N.S. finishes in 8th place at women's tournament

GOLF. Nova Scotia finished in eighth place at the 36-hole women's Canadian amateur golf provincial team championship at the Kingsville Golf and Country Club in Windsor, Ont.

The foursome of Mirielle LeBlanc of Meteghan, Cathy Donald of Halifax, Debbie DeCoste of Bedford and Karla Wilms of Clyde River finished at plus-69, nine strokes back of seventh place Manitoba.

Ontario won at plus-14.

In individual stroke play, none of the four Nova Scotians made the cut.

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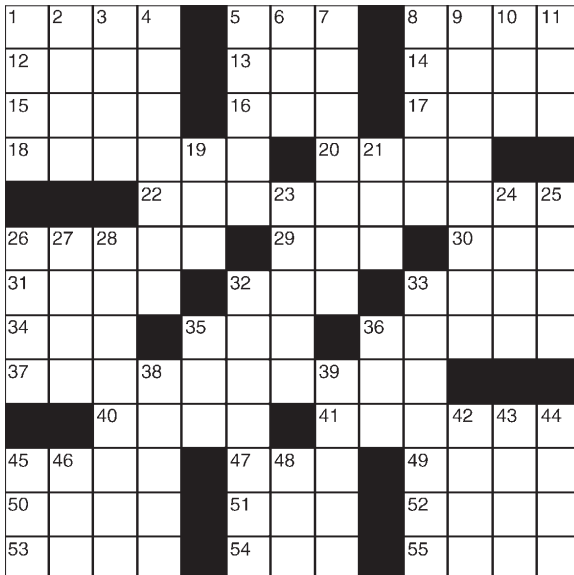
Crossword

Across

1 Detail, for short
5 Chest protector?
8 Surface gunk
12 Crooner Perry
13 Swiss canton
14 Watergate evidence
15 One side of the Urals
16 Tatter
17 Formerly, formerly
18 Aromatic resins
20 Nourish
22 Wealthy enough
26 Also-ran
29 Journal
30 Head movement
31 Black, in verse
32 Stick out
33 Applause
34 As well
35 Faux —
36 Greek triangle
37 Armoire contents, maybe
40 Tom's pal
41 Gorge
45 Give off
47 Sch. org.
49 Midmonth day
50 Protracted
51 Feedbag tidbit
52 Grazing areas
53 Palm starch
54 Dead heat
55 Harvard rival

Down

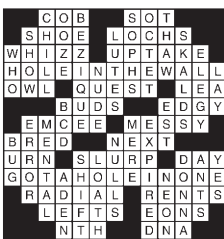
1 Con game
2 Flower
3 Eastern potentate
4 Become rough
5 Pop
6 One of the



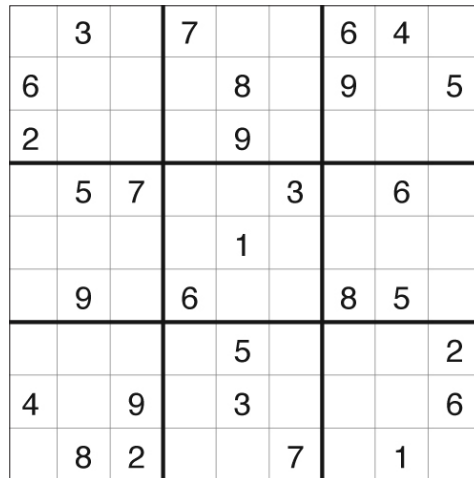
Gershwin
7 Abominable
Snowman's cousin
8 Kind of wool
9 Vatican VIP
10 High periods
11 Encountered
19 That girl
21 Work unit
23 Collection of diamonds?
24 Typeface
25 Old Norse word
26 Reply to "Shall we?"
27 Reed instrument

28 Emollient
32 Big win in Vegas
33 Ponderously
35 USMC rank
36 Forensic ID
38 Expenditure
39 Angry
42 Concept
43 Conan of NPR
44 Being, to Brutus
45 Golfer Ernie
46 Kiwi's extinct cousin
48 Mai — (cocktail)

► Yesterday's answer



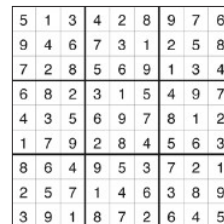
Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

► Yesterday's answer



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CHACHING

Today's horoscope

♈ Aries March 21-April 19 You will get the chance to put a relationship on a firmer footing today. It will go better for both of you if you don't let your impatience get the better of you.

♉ Taurus April 20-May 21 Do you get along with the people you work with and for? If you do then you will get along even better today. If you don't then your differences will be highlighted and magnified. It seems there is no middle ground.

♊ Gemini May 22-June 21 Forget any ideas you had about slowing down because all sorts of new opportunities are one their way and you will have to act quickly and decisively to make the most of them. You may have to speed up.

♋ Cancer June 22-July 22 You will have to act fast over the next 24 hours, especially on the home front where loved ones are expecting you to show the way. Cancer is a cardinal sign, which means you have leadership qualities. So lead.

♌ Leo July 23-Aug. 23 You may have good reason to be annoyed with someone's behaviour, but is it worth getting worked up about? Of course not.

♍ Virgo Aug. 24- Sept. 22 Even the most selfless of Virgos needs to pay the bills and make ends meet, and soon you will get the chance to boost your income. Money isn't evil, it's just another tool.

♎ Libra Sept. 23-Oct. 23 Mars in your sign over the next month or so promises that you won't be short of ambition or energy. The more effort you put into life the more you will get out of it, so stop thinking and start doing.

♏ Scorpio Oct. 24-Nov. 22 Attitude is always important, but never more so than now as cosmic goings-on play on your fears and encourages you to believe that the sky is falling. It isn't, and it won't.

♐ Sagittarius Nov. 23-Dec. 21 Even if you like to go your own way you will be required to work closely with other people this week. Show you can be a team player — the rewards will be worth it.

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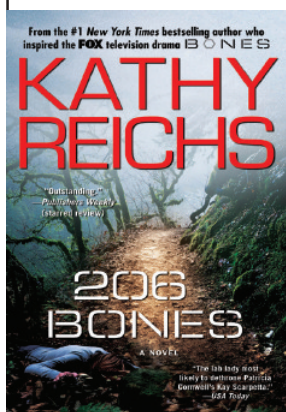
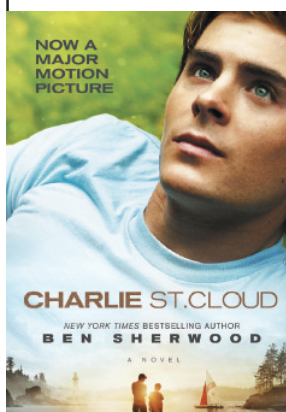
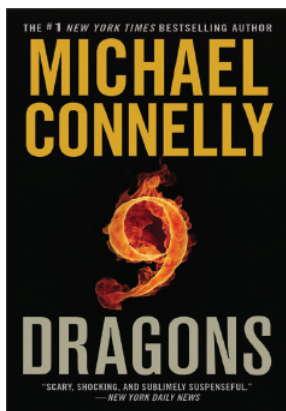
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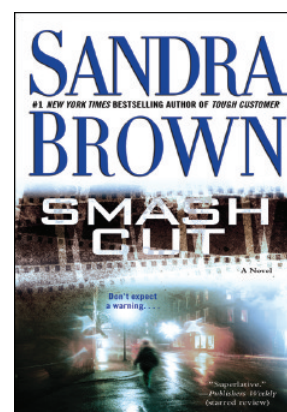
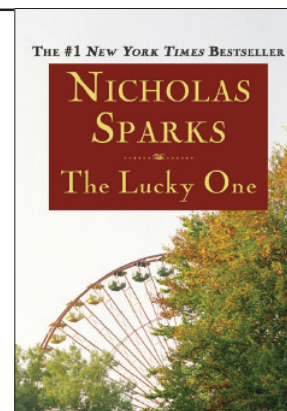
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